Registration Number 167824

The Social and Health Education Project Limited
A company limited by guarantee

Directors' Report and Financial Statements for the year ended 31 December 2013

Contents

	Page
Information Page	1
Directors' Report	2 - 3
Auditors' Report	4
Income and Expenditure Account	5
Balance Sheet	6
Cash Flow Statement	7
Notes to the Financial Statements	8 - 12
Supplementary Information	13 - 20

Company Information

Directors

Kieran Campbell Padraic Reilly Julie Murphy Carmel Brosnan Denise Gregg Siobhan O'Connor

Sean Long

- Appointed 26 July 2013

Margaret Murphy

- Appointed 26 July 2013

Secretary

Padraic Reilly

Company Number

167824

Registered Office

Village Chambers The Village Centre Ballincollig Co. Cork

Auditors

O'Donovan Keyes & Co. Limited

13 Bridge House St. Patrick's Quay

Cork

Business Address

Village Chambers The Village Centre Ballincollig Co. Cork

Bankers

Permanent TSB

88/89 North Main Street

Cork

Solicitors

Noonan Linehan Carroll Coffey

54 North Main Street

Cork

Directors' Report for the year ended 31 December 2013

The directors present their report and the financial statements for the year ended 31 December 2013.

Principal Activity

The company was incorporated on 13 December 1990. The main object of the company is to promote and support the development of people toward a responsible and healthy lifestyle through the provision of educational services. The directors are pleased with the progress of the company for the year.

The company's name was changed from The Cork Social & Health Education Project Limited to The Social & Health Education Project Ltd on 27 July 2005.

Principal Risks and Uncertainties

The directors foresee no major risks facing the company in the next twelve months.

Surplus/(deficit) for the year and state of affairs at 31 December 2013

The deficit for the year was \in (31,747) (2012 - \in (223,370)). This has been brought forward and added to the balance of the Profit & Loss Account brought forward of \in 121,510.

Significant reserves had been built up by the company over a number of years. The directors made deliberate efforts in 2012 and 2013 to reduce its net assets in order to continue to qualify for supplementary HSE funding. This was done through offering more courses at reduced costs, and offering course concessions. This strategy was particularly timely as many course participants were negatively impacted by the recession. This has resulted in losses and a notable decrease in net assets over the last two years. The directors wish to emphasise that this was a planned exercise by the company to maintain its eligibility for HSE funding and that the company continues to operate as a going concern.

Dividends and Retention

The company is precluded by its Memorandum of Association from paying dividends.

Directors

The directors of the company are listing on page 1.

Important Events since the Year End

The company continues to expand the range of services it offers to the communities in counties Cork and Kerry.

Future Developments

The directors anticipate that, following a period of marked expansion in the volume and range if services it offers, the company will move to consolidate its position over the coming year.

Directors and their Interests

The Social and Health Education Project Limited is a company limited by guarantee having no share capital.

Directors' Responsibilities

The directors are responsible for preparing the Annual Report and the financial statements in accordance with applicable Irish Law and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Financial Reporting Council and published by The Institute of Chartered Accountants in Ireland.

Directors' Report for the year ended 31 December 2013

Irish company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit of the company for that period. In preparing these financial statements the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors confirm that they have complied with the above requirements in preparing the financial statements.

The directors are responsible for keeping proper books of account that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements are prepared in accordance with accounting standards generally accepted in Ireland and with Irish statute comprising the Companies Acts 1963 to 2013.

They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Where financial statements are to be published on the web, the directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website.

In so far as the directors are aware:

- -there is no relevant audit information (information needed by the company's auditors in connection with preparing their report) of which the company's auditors are unaware, and
- -the directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

Books of Account

The measures taken by the directors to ensure compliance with the requirements of Section 202, Companies Act, 1990 regarding proper books of account are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel with appropriate expertise and the provision of adequate resources to the financial function. The books of account are maintained at Village Chambers, The Village Centre, Ballincollig, Co. Cork.

Auditors

The auditors, O'Donovan Keyes & Co. Limited, have indicated their willingness to continue in office in accordance with the provisions of Section 160(2) of the Companies Act, 1963.

On behalf of the Board

Directors:

Siobhan O'Connor

Sean Long

Date: 30 May 2014

The Social and Health Education Project Limited Independent Auditors Report to the Members of The Social and Health Education Project Limited

We have audited the financial statements of The Social and Health Education Project Limited for the year ended 31 December 2013 which comprise the Income & Expenditure Account, the Balance Sheet, the Cash Flow Statement and the related notes. The financial reporting framework that has been applied in their preparation is Irish law and accounting standards issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland (Generally Accepted Accounting Practice in Ireland).

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As explained more fully in the Directors' Responsibilities Statement set out on pages 2 - 3, the directors are responsible for the preparation of the financial statements giving a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 31 December 2013 and of its Loss for the year then ended; and
- have been properly prepared in accordance with the requirements of the Companies Acts 1963 to 2013.

Matters on which we are required to report by the Companies Acts 1963 to 2013

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.
- In our opinion proper books of account have been kept by the company.
- The financial statements are in agreement with the books of account.
- In our opinion, the information given in the directors' report is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the provisions in the Companies Acts 1963 to 2013 which require us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by law are not made.

Eileen Keyes
for and on behalf of
O'Donovan Keyes & Co. Limited
Chartered Accountants and Statutory Auditors
13 Bridge House
St. Patrick's Quay
Cork

Dated: 30 May 2014

Income and Expenditure Account for the year ended 31 December 2013

Continuing operations

	Notes	2013 €	2012 €
Income	_		
Grants & course fees	3	1,222,335	1,013,550
Related expenditure		(506,392)	(527,052)
		715,943	486,498
Administrative expenses		(754,468)	(721,860)
Interest received	5	6,778	11,992
Surplus/(Deficit) for the year		(31,747)	(223,370)
Surplus brought forward		139,172	362,542
Surplus carried forward		107,425	139,172

In accordance with FRS 3 - Reporting Financial Performance, a Statement of Total Recognised Gains and Losses for the year ended 31 December 2013 is not required, as there were no recognised gains or losses during the year other than those included above.

The financial statements were approved by the Board on 30 May 2014 and signed on its behalf by

Directors:

Siobhan O'Connor

Sean Long

Balance Sheet as at 31 December 2013

		20	13	20	12
	Notes	€	€	€	€
Fixed Assets Tangible assets	8		5,277		5,158
Current Assets Debtors and prepayments Cash at bank and in hand	9	111,387 259,763 371,150		96,276 488,857 585,133	
Creditors: amounts falling due within one year	10	(269,002)		(449,208)	
Net Current Assets			102,148		135,925
Total Assets Less Current Liabilities			107,425		141,083
Accruals and deferred income	11		-		(1,911)
Net Assets			107,425		139,172
Capital and Reserves					
Income and expenditure account	t 12		89,763		121,510
Capital reserve	12(a)		17,662		17,662
			107,425		139,172

The financial statements were approved by the Board on 30 May 2014 and signed on its behalf by

Directors:

Siobhan O'Connor

Sean Long

Cash Flow Statement for the year ended 31 December 2013

	Notes	2013 €	2012 €
Reconciliation of operating loss to net cash inflow from operating activities			
Operating loss Depreciation/amortisation (Increase) in debtors Increase in creditors		(38,525) 3,407 (15,111) (1,540)	(235,362) 2,553 (32,354) 6,689
Net cash inflow from operating activities		(51,769)	(258,474)
Cash Flow Statement			
Net cash inflow from operating activities Returns on investments and servicing of finance Capital expenditure	15 15	(51,769) 6,778 (5,438)	(258,474) 11,992 (2,003)
Financing	15	(50,429) (178,666)	295,805
Increase/(Decrease) in cash in the year		(229,095)	47,320
Reconciliation of net cash flow to movement in net fund	ls (Note 16)		
Increase/(Decrease) in cash in the year Net funds at 1 January 2013		(229,095) 488,857	47,320 441,537
Net funds at 31 December 2013		259,763	488,857

The financial statements were approved by the Board on 30 May 2014 and signed on its behalf by

Directors:

Siobhan O'Connor

Sean Long

Notes to the Financial Statements for the year ended 31 December 2013

1. Accounting Policies

1.1. Accounting convention

The financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Acts 1963 to 2013. Accounting standards generally accepted in Ireland in preparing the financial statements giving a true and fair view are those published by the Institute of Chartered Accountants in Ireland and issued by the Financial Reporting Council.

The financial statements are prepared in accordance with the historical cost convention.

1.2. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Office equipment

25% S.L.

Fixtures & fittings

33% S.L.

1.3. Pensions

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

1.4. Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated into Irish pounds at the rates of exchange prevailing at the accounting date. Transactions in foreign currencies are recorded at the date of the transactions. All differences are taken to the Income and Expenditure account.

1.5. Government grants

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the income and expenditure account over the expected useful life of the assets. Grants towards revenue expenditure are released to the income and expenditure account as the related expenditure is incurred.

1.6. Currency

These financial statements are expressed in Euro.

1.7. Comparative Amounts

Comparative amounts have been restated where necessary on the same basis as current year amounts.

2. Limited by guarantee

The Social and Health Education Project Limited is a company limited by guarantee and not having a share capital. The amount of each member's guarantee is limited to €1.

3.	Income	2013
		€

Class of business

Income from grants and course fees

1,222,335	1,013,550

2012 €

Notes to the Financial Statements for the year ended 31 December 2013

 	continued

Operating Surplus/(Deficit)	2013 €	2012 €
Operating surplus/(deficit) is stated after charging: Depreciation of tangible assets	5,318	4,466
Interest receivable and similar income	2013 €	2012 €
Bank interest	6,778	11,992
Employees	2013 Number	2012 Number
Employees	14	14
Employment costs	2013 €	2012 €
Wages and salaries Other pension costs	479,294 32,037 511,331	462,458 37,026 499,484
	Operating surplus/(deficit) is stated after charging: Depreciation of tangible assets Interest receivable and similar income Bank interest Employees Employees Employees Wages and salaries	Operating surplus/(deficit) is stated after charging: Depreciation of tangible assets Interest receivable and similar income Bank interest Employees Employees Employees 2013 Number Employees 2013 Number 479,294 Other pension costs 479,294 32,037

7. Taxation

The company has charitable status and consequently no provision has been made for corporation tax.

Notes to the Financial Statements for the year ended 31 December 2013

 continue
 Continuct

8.	Tangible assets	Fixtures & fittings	Office equipment €	Total €
	Cost At 1 January 2013 Additions	58,956 1,763	57,627 3,675	116,583 5,438
	At 31 December 2013	60,719	61,302	122,021
	Depreciation At 1 January 2013 Charge for the year	58,068 1,475	53,358 3,843	111,426 5,318
	At 31 December 2013	59,543	57,201	116,744
	Net book values At 31 December 2013	1,176	4,101	5,277
	At 31 December 2012	888	4,269	5,158
9.	Debtors Grants and course fees receivable Prepayments and accrued income		2013 € 99,959 11,428	2012 € 70,934 25,342
			111,387	96,276
10.	Creditors: amounts falling due within one year		2013 €	2012 €
	Trade creditors Grants and course fees received Other taxes and social security costs Other creditors Accruals		170,116 15,051 71,934 11,901 269,002	3,112 358,834 16,806 58,770 11,686 449,208

Notes to the Financial Statements for the year ended 31 December 2013

	continued		
11.	Accruals and deferred income Capital grants	2013 €	2012 €
	At 1 January 2013 Released in year At 31 December 2013	1,911 (1,911)	3,824 (1,913) 1,911
12.	Reconciliation of movements in reserves	2013 €	2012 €
	Surplus/(deficit) for the year Opening reserves	(31,747) 121,510 89,763	(223,370) 344,880 121,510
12(a).	Capital Reserve		
	Amount transferred from SHEP on incorporation	17,662	17,662
13.	Capital commitments		
	There were no capital commitments contracted or provided for at the	ne year end.	

Contingent liabilities

14.

The company had no contingent liabilities at 31 December 2013.

Notes to the Financial Statements for the year ended 31 December 2013

********	continued			
15.	Gross Cash Flows			
			2013 €	2012 €
	Returns on investments and servicing of finance Interest received		6,778	11,992
	Capital expenditure Payments to acquire tangible assets		(5,438)	(2,003)
	Financing Advances on training income Deferral of grants and course fees		(10,000) (168,666)	295,805
			(178,666)	295,805
16.	Analysis of changes in net funds			
		Opening balance €	Cash flows €	Closing balance €
	Cash at bank and in hand	488,857	(229,094)	259,763
	Net funds	488,857	(229,094)	259,763
17.	Approval of financial statements			

The financial statements were approved by the Board on 30 May 2014.

Supplementary Information For the year ended 31 December 2013

(not covered by the report of the auditors)

Summary of Income & Expenditure Account for the year ended 31 December 2013

	201	3	201	2
	€	€	€	€
Net Income: Grants/Fees				
Dept of Community, Equality & Gaeltacht Affairs			-	
Janssen	4,260		6,050	
Training	286,824		258,593	
Other	67,512		89,976	
International	186,791		169,203	
	545,387		523,822	
HSE Grant Aid	676,948		489,728	
		1,222,335		1,013,550
Direct Expenditure on Projects				
Dept of Community, Equality & Gaeltacht Affairs	1,054		-	
Janssen	4,260		6,049	
Training	262,636		254,658	
Other	51,651		97,142	
International	186,791		169,203	
	506,392		527,052	
HSE funded operating expenses	716,747		640,247	
		(1,223,139)		(1,167,299)
General Overheads				
Depreciation	5,318		4,466	
Amortisation of capital grants	(1,911)		(1,913)	
SHEP Travel & subsistence	79		1,410	
SHEP Office stationery	222		815	
SHEP Training & development	3,000		2,425	
SHEP Organisational development	1,190		4,611	
SHEP Contract fees	8,572		11,984	
SHEP Contract expenses	2,266		3,057	
SHEP Counsellors fees	-		220	
SHEP Program supplies	132		535	
SHEP General expenses	439		2	
SHEP Venue costs	330		387	
SHEP Book-keeping fees	-		4,000	
SHEP Premises expenses	-		204	
SHEP Concessions granted	17,309		49,410	
SHEP Advertising	775			
		(37,721)		(81,613)
Other Income				
Deposit interest	6,778		11,992	
		6,778		11,992
		(31,747)		(223,370)

HSE Income and Expenditure Account for the year ended 31 December 2013

	2013	2012		
	€	€	ϵ	ϵ
Income				
HSE grants - opening balance	141,578		38,306	
HSE grants received	535,370		593,000	
HSE grants - closing balance	-		(141,578)	
	-	676,948		190 729
Evnences		070,948		489,728
Expenses Salaries - HSE	462,092		442,570	
Pension - HSE	30,950		35,939	
Rent & rates - HSE	64,128		71,886	
Insurance - HSE	2,532		2,678	
Light & heat - HSE	14,287		11,819	
Repairs and maintenance - HSE	8,272		13,908	
Post - HSE	4,369		3,320	
Office stationery - HSE	5,719		8,022	
Telephone - HSE	7,820		7,467	
Organisational development - HSE	1,411		1,800	
Travel - HSE	6,472		6,079	
Training & development - HSE	3,657		1,935	
Networks - HSE	30		139	
Book-keeping fees - HSE	10,200		9,600	
Legal & professional fees - HSE	10,200		138	
Audit fees - HSE	6,150		5,228	
Bank interest & charges - HSE	68		946	
Contract fees & expenses - HSE	3,215		3,887	
Counsellors fees - HSE	53,326		9,472	
Participant refunds - HSE	825		5,472	
Concessions granted - HSE	24,650			
General expenses - HSE	6,574		3,125	
Venue hire - HSE	- 0,5 / 1		289	
volide into Tibb	s 			
		(716,747)		(640,247)
		(39,799)		(150,519)
Capital expenditure		(3,886)		(2,003)
		(42.695)		(150 500)
		(43,685)		(152,522)
		42.		

Note:

The capital expenditure has been shown here for informational purposes. It has been accounted for in the Balance Sheet, and does not form part of the surplus/deficit relating to this department.

Janssen Income and Expenditure Account for the year ended 31 December 2013

	2013		2012	
	€	€	€	€
Income				
Janssen grants - opening balance			6,050	
Janssen grants	7,000		-	
Janssen grants - closing balance	(2,740)		-	
		4,260		6,050
Expenses				***************************************
Program supplies - Janssen	11		-	
Contract fees & expenses - Janssen	4,005		-	
Counsellors fees - Janssen	-		6,049	
General expenses - Janssen	4		-	
Venue hire - Janssen	240		-	
		(4,260)		(6,049)
				1

Dept of Community, Equality & Gaeltacht Affairs Income and Expenditure Account for the year ended 31 December 2013

	2013		2012	
	€	€	€	€
Income				
		-		-
Expenses				
Concessions granted - DCRGA	1,054			
		(1,054)		-
		(1,054)		-

Training Income and Expenditure Account for the year ended 31 December 2013

	2013		2012	
	€	€	€	€
Income				
Training income - opening balance			27,876	
Training course fees	212,653		230,717	
Training income - North Star	74,171			
Training income - Cumann na Daoine	5,000		-	
Training income - Dept of Social Protection	5,000		-	
Training income - closing balance	(10,000)		-	
		206 924		250 502
Ermanasa		286,824		258,593
Expenses Selevice Training			2 505	
Salaries - Training	1 100		2,505	
Rent & rates - Training	1,100 57		4,200	
Light & heat - Training Post - Training	600		1,183 660	
Office stationery - Training				
Advertising - Training	5,421 1,762		1,234	
			1,646	
Program supplies - Training Organising costs - Training	1,810			
	1,775 11		5,081 229	
Travel - Training	0.00.00		229	
Training & development - Training Bank interest & charges - Training	3,878 (37)		-	
Bad debts - Training	10,000		-	
	226,445		230,603	
Contract fees & expenses - Training General expenses - Training	3,151		188	
Venue hire - Training	6,663		7,129	
venue nne - Tranning	0,003		7,129	
		(262,636)		(254,658)
		24,188		3,935

Other Income and Expenditure Account for the year ended 31 December 2013

	2013		2012	
	€	€	€	€
Income				
Other income - opening balance	35,958		53,226	
Other income - Family Support Agency	6,200		7,100	
Other income - The Wheel	2,987		-	
Other income - North Star Family Suppo	ort Project -		32,710	
Other income - Friends of St. Raphael's			3,000	
Other income - Kerry Education Service	5,000		3,000	
Other income - Dept of Social Protection	n -		5,000	
Other income - Dept of Foreign Affairs	12,430		-	
Other income	33,794		16,090	
Other income - Donations received	611		1,500	
Other income - Miscellaneous income	-		1,308	
Other income - Cumann Daoine	1,980		-	
Other income - MBSE	4,950		-	
Other income - Citizen Information Boa	rd 8,990		3,000	
Other income - closing balance	(45,388)		(35,958)	
		67,512		89,976
Expenses				
Advertising - Other	(295)		_	
Program supplies - Other	1,055		156	
Organising costs - Other	664		1,126	
Travel - Other	231		1,282	
Trainers & development - Other	50		385	
Networks - Other	50		-	
Contract fees & expenses - Other	35,240		76,515	
Counsellors fees - Other	14,436		16,457	
Donations - Other	100		702	
Venue hire - Other	120		519	
		(51,651)		(97,142)
		15,861		(7,166)

International Partnership Income and Expenditure Account for the year ended 31 December 2013

	2013		2012	
	€	€	€	€
Income				
International grants - opening balance	181,298		(547)	
International grants - Dept. of Foreign Affairs	117,481		261,048	
International grants - ICCO	-		90,000	
International grants - closing balance	(111,988)		(181,298)	
		186,791		169,203
Expenses				
Salaries - International	12,942		11,334	
Pension - International	1,087		1,087	
Office stationery - International	107		-	
Travel - International	1,735		-	
Training & development - International	85		-	
Book-keeping fees - International	1,800		2,400	
Bank charges - International	(32)		63	
Grant to Sahakarmi Samaj - International	169,067		154,319	
		(186,791)	,	(169,203)